



Salad Bar Use in Missouri Schools

In the fall of 2010, the University of Missouri Extension sent out a survey to 754 public and private elementary and secondary schools in Missouri that participate in the National School Lunch program. The survey response rate was 56% (421/754).

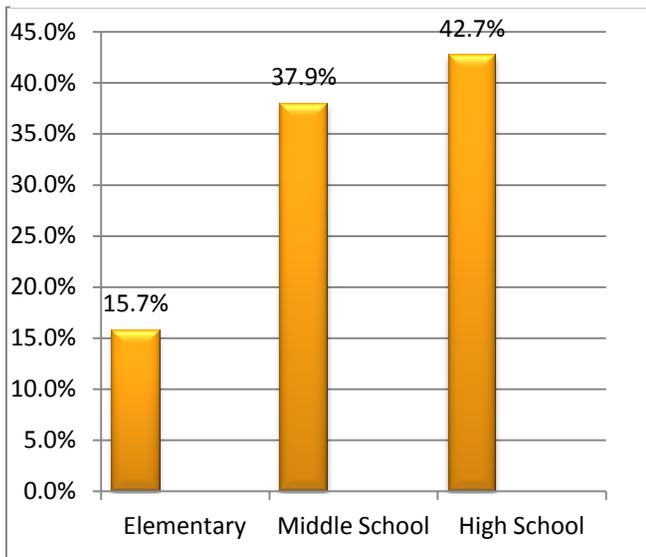
The survey asked questions about the following topics:

- The service of fresh fruits and vegetables and **use of salad bars**;
- School wellness policies;
- Food service staff skills and facilities; and
- Use of locally grown foods, perceptions of the barriers and opportunities associated with using locally grown food, and interest in using locally grown food

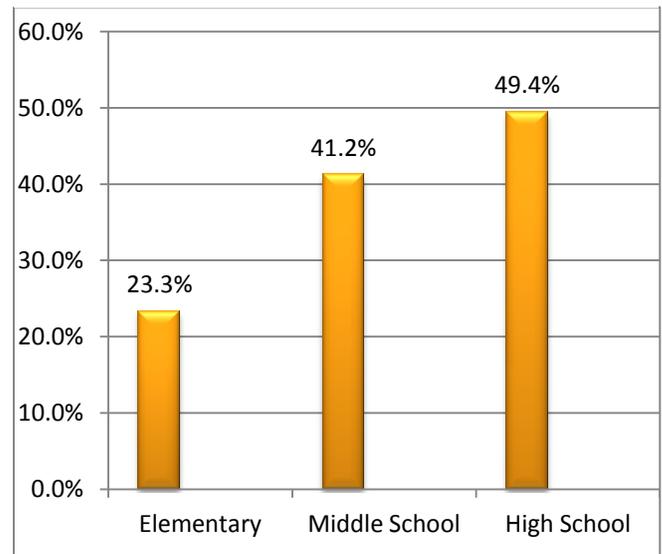
Schools Are Serving Salad Daily

The charts below provide data on the use of salad bars and premade salads in Missouri schools. If schools reported using salad bars they were most likely using them every day. Salad bars were used in less than half of the schools responding to the survey, but most infrequently in elementary schools. In general, pre-made salads are served more frequently than salad bars across all grade levels.

Daily Salad Bar Use by Type of School



Daily Premade Salad Use by Type of School



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